



## The Technique of Inner Action: The Soul of a Performer's Work

By Bill Bruehl

Createspace, United States, 2012. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a book for performers, presenters, and their directors. It is for singers, dancers, teachers, lawyers, and actors in every genre of theatre. Bill Bruehl has set forth a comprehensive method for mastering the internal skills of the performer, as well as a precise method of interpreting text. He also brings Stanislavsky's pioneering theory of inner action to fruition. Thanks to teachers like Sanford Meisner, Sonia Moore, Stella Adler and others who have given inner work its deserved priority, mastery of the flow of inner action - a skill ignored throughout much of the history of theatre - is now widely accepted within the theatre by professional actors and their teachers. THE TECHNIQUE OF INNER ACTION will help you to develop an inner technique as precise and concrete as the techniques long used to develop external skills like voice and movement.

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